

# Lunch menu for w/c 7<sup>th</sup> January 2019

## MONDAY

## TUESDAY

### Chef's Soup of the Day

#### Main Events

Turkey a la King

Cajun Pork Chop with a  
Piquant Tomato Sauce

#### Meat Free Zone

Sweetcorn & Courgette  
Fritter with Rocket Salad

#### And To Go With

Rice  
Parsley Carrots  
Steamed Sweetcorn

#### Pudding

Warm Chocolate Fudge Cake  
& Chocolate Sauce

## WEDNESDAY

### Chef's Soup of the Day

#### Main Events

Cumberland Sausage Ring  
& Mash

Chicken Chasseur

#### Meat Free Zone

Braised Vegetable &  
Sausage Cassoulet

#### And To Go With

Sauté Cabbage  
Green Beans  
Gravy

#### Pudding

Apple & Cinnamon Crumble

#### With Custard

### Chef's Soup of the Day

#### Main Events

Honey-Roast Gammon  
with Parsley Sauce

Lemon & Thyme Roast  
Chicken

#### Meat free zone

Roast Bean & Lentil  
Wellington

#### And To Go With

Cauliflower Cheese  
Roast Potatoes  
Roast Roots Gravy

#### Pudding

Chocolate Tart

## THURSDAY

## SATURDAY

### Chef's Soup of the Day

#### Main Event

Ham Hock & Red Pepper Pasta Bake

#### Meat Free Zone

Sun-Dried Tomato & Goats Cheese Fusilli  
Tricolore

#### And To Go With

Sweetcorn  
Garlic Bread  
Sauté Courgettes

#### Pudding

Rhubarb Pie & Cream

## SUNDAY

### Sunday Brunch

Served from 10.30am until 12pm

## AVAILABLE DAILY

Salad Bar  
Fresh Fruit  
Pots  
Homemade  
Yoghurt with  
Toppings  
Baked Beans  
& Jacket  
Potatoes

## FRIDAY

### Chef's Soup of the Day

#### Main Events

Freshly Battered Fish

Poached Fish

Breaded Fish Fingers

Saveloy Sausage

#### Meat Free Zone

Chargrilled Halloumi &  
Vegetable Ciabatta

#### And To Go With

Chunky Chips  
Minted Peas  
Baked Beans

#### Pudding

Steamed Jam Sponge