

PANGBOURNE

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Dear Parents and Guardians

MICHAELMAS TERM FOOTBALL

I am writing to introduce myself as the Director of Sport & PE and also to welcome your son to Pangbourne College. The boys will have the opportunity to take part in a range of sports across the year and the Michaelmas Term's major sport in Dunbar (Year 7 and 8 Division) is football.

Weekly training will focus on football skill development, fundamental movement skills, tactical understanding, safe contact management and ultimately, all pupils enjoying playing football. Throughout the term, the weekly games schedule takes place in the timetable with two 1 hour and 45 minute sessions per week and fixtures taking place on Wednesday afternoons. The school calendar (My Portal or Pangbournesport.com) will show fixtures, venues and timings. Team sheets are emailed to all selected pupils and parents 48 hours before the game in most cases.

Across the year the major sport for the term will change. In that term, there will be competitive fixtures against other schools, most of which will occur on Wednesday afternoons. Sometimes there will be fixtures in the alternative sport for that term. The pattern it follows can be found below:


Michaelmas Term - football and 1 session per week of rugby after half term.

Lent Term - rugby

Summer Term - cricket and tennis (fixtures in both)

With regards to rugby, please read the following information carefully: Tackling and the 'contact area' is obviously an aspect of the sport which has received a lot of media coverage in recent months. Staff are trained to coach the boys how to be both effective and safe in these areas and this will be covered in detail during coaching sessions.

Your son will need to wear Pangbourne College kit for each session, including a school rugby shirt and gum shield for rugby sessions. I would also advise that they have 3 different footwear options for football: trainers (early season), moulded studs, and traditional studs. As we know the pitches during the football season can change dramatically, and it is important from a safety perspective to have to correct footwear. A water bottle is a worthwhile investment, as it is likely to be warm in early September.



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I hope that I will have the opportunity to meet many of you during the first few weeks of the new school year, either on the touchline or at a match tea which is served after every home game in the Mess Hall. However, in the meantime, if you have any questions please do not hesitate to contact me at sam.hewick@pangbourne.com.

Yours faithfully

S. Hewick

Sam Hewick

Director of Sport & PE

